

## TRADITIONAL DISHES

	Chicken	Lamb	Prawn	Vegetable	Duck	King Prawn
<b>CURRY</b> Cooked in medium spice	£8.95	£9.95	£10.95	£7.95	£11.95	£14.95
<b>KORMA</b> Mild with coconut.	£8.95	£9.95	£10.95	£7.95	£11.95	£14.95
<b>BHUNA</b> Medium	£8.95	£9.95	£10.95	£7.95	£11.95	£14.95
<b>ROGON</b> Medium with tomatoes.	£8.95	£9.95	£10.95	£7.95	£11.95	£14.95
<b>DUPIAZA</b> Medium with onions, fairly dry.	£8.95	£9.95	£10.95	£7.95	£11.95	£14.95
<b>METHI</b> Medium with fenugreek leaves.	£8.95	£9.95	£10.95	£7.95	£11.95	£14.95
<b>PATHIA</b> Hot sweet and sour in a thick sauce.	£8.95	£9.95	£10.95	£7.95	£11.95	£14.95
<b>DANSAK</b> Hot sweet and sour with lentils.	£8.95	£9.95	£10.95	£7.95	£11.95	£14.95
<b>MADRAS</b> Fairly hot	£8.95	£9.95	£10.95	£7.95	£11.95	£14.95
<b>VINDALOO</b> Very hot	£8.95	£9.95	£10.95	£7.95	£11.95	£14.95
<b>KORAI</b> With capsicum, onions herbs and spices.	£9.95	£10.95	£10.95	£8.95	£12.95	£15.95
<b>PALAK</b> Medium with spinach.	£9.95	£10.95	£11.95	£8.95	£12.95	£15.95
<b>JALFREZI</b> With onions, tomatoes, peppers and green chillies.	£9.95	£10.95	£11.95	£8.95	£12.95	£15.95
<b>BALTI</b> Cooked in a special rich Balti sauce.	£9.95	£10.95	£11.95	£8.95	£12.95	£15.95
<b>TIKKA MASSALA</b> With almonds, coconut in a mild creamy sauce.	£9.95	£10.95	£11.95	£8.95	£12.95	£15.95
<b>PASSANDA</b> Mild and creamy with almonds.	£9.95	£10.95	£11.95	£8.95	£12.95	£15.95
<b>BIRIANI</b> Stir fried Basmati rice mixed with spices served with vegetable curry.	£10.95	£11.95	£12.95	£9.95	£13.95	£16.95
<b>TIKKA BIRIANI</b>	£12.95	£13.95				
<b>SPECIAL MIXED BIRIANI</b>	£14.95					

## EXTRAS

<b>PLAIN PAPADOMS</b>	£0.95
<b>CHUTNEY</b> Mixed variety (Each)	£0.75
<b>RAITA ONION or CUCUMBER</b>	£2.25
<b>CHIPS</b>	£2.50

### ALLERGY AWARENESS:

Some of our dishes contain allergens, please make us aware when ordering of any allergies.

The management reserve the right to refuse service without reason.

## VEGETABLE (SIDE DISHES)

<b>BOMBAY ALOO</b> Medium spiced potato	£4.95
<b>SAG ALOO</b> Fresh spinach and potatoes	£4.95
<b>SAG BHAJEE</b> Fresh spinach in medium spices	£4.95
<b>DRY VEGETABLE BHAJEE</b>	£4.95
<b>MIXED VEGETABLE CURRY</b>	£4.95
<b>CAULIFLOWER BHAJEE</b> Fresh cauliflower cooked in medium spices.	£4.95
<b>MUSHROOM BHAJEE</b> Mushrooms cooked dry with various spices.	£4.95
<b>BRINJAL BHAJEE</b> Aubergine in medium sauce	£4.95
<b>CHANA MASSALA</b> Chick peas cooked in spices in a thick sauce.	£4.95
<b>SAG PANEER</b> Spinach and cheese	£4.95
<b>ALOO PANEER</b> Cheese and potato	£4.95
<b>MOTOR PANEER</b> Peas and cheese.	£4.95
<b>ALOO GOBI</b> Potatoes and cauliflower.	£4.95
<b>GARLIC MUSHROOM</b>	£4.95
<b>TARKA DALL</b> Lentils lightly spiced with garlic	£4.95

## RICE

<b>BOILED RICE</b>	£2.75
<b>PILAU RICE</b>	£3.50
<b>COCONUT RICE</b>	£3.95
<b>SPECIAL FRIED RICE</b>	£3.95
<b>MUSHROOM RICE</b>	£3.95
<b>VEGETABLE RICE</b>	£3.95
<b>KEEMA RICE</b>	£3.95
<b>EGG RICE</b>	£3.95
<b>ONION FRIED RICE</b>	£3.95

## BREADS

<b>PLAIN NAN</b>	£2.75
<b>PESHWARI NAN</b>	£2.95
<b>GARLIC NAN</b>	£2.95
<b>CHILLI NAN</b>	£2.95
<b>KEEMA NAN</b>	£2.95
<b>CHEESE NAN</b>	£2.95
<b>GARLIC &amp; CHEESE NAN</b>	£3.50
<b>GARLIC &amp; CHILLI NAN</b>	£3.50
<b>CHAPATI</b>	£2.25
<b>PUREE</b>	£2.25

Design & Print by: BTCPrintDesign.com



# Spice Lounge

BANGLADESHI & INDIAN RESTAURANT

## TAKEAWAY MENU



Visit our website  
[www.spiceloungedunstable.co.uk](http://www.spiceloungedunstable.co.uk)



## FREE HOME DELIVERY

On orders over £20 (within 3 miles radius)  
 10% discount on all collection over £20 (cash only)

**01582 66 30 32 / 66 30 64**

Open Tuesday to Sunday: 5.30pm to 11.30pm  
 (Closed on Monday)

21 West Street, Dunstable, Beds, LU6 1SL

## STARTERS

<b>SEAFOOD PLATTER (Serves 2 person)</b> - - - - -	<b>£19.95</b>
Ajwani Salmon, Tandoori King prawn, Grilled Seabass and Bengal Fish Cake.	
<b>MEAT PLATTER (Serves 2 person)</b> - - - - -	<b>£17.95</b>
Chicken tikka, tandoori chicken, lamb chops, sheek kebab.	
<b>MIXED STARTER</b> - - - - -	<b>£5.95</b>
A combination of chicken tikka, onion bhaji and meat samosa.	
<b>MIXED KEBAB</b> Chicken tikka, lamb tikka and sheek kebab. - - - - -	<b>£5.95</b>
<b>ONION BHAJI</b> - - - - -	<b>£4.95</b>
<b>SAMOSAS</b> - - - - -	<b>£4.95</b>
<b>PAKORA</b> Chicken or vegetables lightly spiced with garlic, ginger, chillies, onion, coriander, ajwani seed bound with gram flour, deepfried. - - - - -	<b>£4.95</b>
<b>CHICKEN / LAMB / PANEER TIKKA</b> - - - - -	<b>£4.95</b>
Boneless pieces of marinated chicken, lamb or Indian cheese cooked in clay oven. Tandoori	
<b>TANDOORI CHICKEN</b> - - - - -	<b>£4.95</b>
On the bone spring chicken, marinated in herbs and spices cooked in the clay oven.	
<b>SHEEK KEBAB</b> - - - - -	<b>£4.95</b>
Minced lamb mixed with spice, skewered and barbecued in clay oven.	
<b>NAZAKAT CHICKEN</b> - - - - -	<b>£4.95</b>
Succulent skewered chicken, delicately flavoured with garlic, butter & cheese.	
<b>LAMB CHOP</b> - - - - -	<b>£5.95</b>
Tender pieces of lamb chop soaked overnight in yoghurt, tandoori spices, ginger, garlic and cumin marinated & grilled.	
<b>MO-MO</b> Smashed chicken or lamb medium spiced, wrapped in a puree. - - - - -	<b>£6.95</b>
<b>JHAL PUREE</b> - - - - -	<b>£6.95</b>
Barbecued chicken cooked with garlic, ginger, tomato and special naga chilli (hot)	
<b>BENGAL FISH CAKE</b> - - - - -	<b>£5.95</b>
Minced seafood mixed with onion, mustard, coriander and fish massala.	
<b>CHICKEN or ALOO CHAT</b> Diced chicken or potato cooked with cucumber served in a sweet, tangy and hot chat massala sauce. - - - - -	<b>£4.95</b>
<b>AJWANI SALMON</b> - - - - -	<b>£6.95</b>
Fresh salmon marinated with Ajwani seeds, mustard and gram massala, spices.	
<b>STUFFED PEPPER</b> - - - - -	<b>£4.95</b>
Roasted pepper filled with barbecued small pieces of chicken cooked in light massala sauce.	
<b>PRAWN PUREE</b> - - - - -	<b>£6.95</b>
Pan fried spicy prawn cooked in medium thick sauce. Served on fried bread.	
<b>SIZZLING PRAWNS</b> - - - - -	<b>£7.95</b>
Small prawns stir fried with sliced garlic, peppers and onions. Mediumly spiced.	
<b>TANDOORI KING PRAWN</b> - - - - -	<b>£7.95</b>
King prawns marinated with yoghurt, ajwain seeds, ginger & garlic. Prepared with Chef's special sauce.	
<b>GRILLED KING PRAWN</b> - - - - -	<b>£7.95</b>
King prawns marinated in garlic, coriander, mustard and herbs.	
<b>KING PRAWN PUREE</b> - - - - -	<b>£7.95</b>
King prawn cooked in a medium thick sauce served on fried bread.	
<b>KING PRAWN BUTTERFLY</b> - - - - -	<b>£6.95</b>
Whole king prawn marinated in spice and deep fried with breadcrumbs.	

## SIGNATURE DISHES

<b>DAMPAK CHICKEN</b> - - - - -	<b>£9.95</b>
Tender chicken breast with spinach, onions and aromatic spices.	
<b>LAMB SHANK</b> - - - - -	<b>£12.95</b>
Exotic Bangladeshi lamb dish on the bone. Cooked in chef's unique recipe.	
<b>KURZI SHANK</b> - - - - -	<b>£13.95</b>
Lamb shank marinated overnight with fresh ground spices, yoghurt, coriander and covered with minced lamb and baby potatoes. Cooked in slow oven.	
<b>BENGAL LAMB CHOPS</b> - - - - -	<b>£12.95</b>
Lamb chops prepared in the Tandoori, cooked in thick spicy sauce with finely chopped red onions, plum tomatoes and shallow fried garlic.	
<b>SIZZLING DUCK</b> - - - - -	<b>£11.95</b>
Medium spiced red pepper, green pepper and onions cooked with tamarind sauce & coriander.	
<b>HARA DUCK MASSALA</b> - - - - -	<b>£11.95</b>
Diced duck with baby potatoes, saturated in a medium spicy gravy. A Bangladeshi delicacy.	
<b>LA JAWAB</b> - - - - -	<b>£9.95</b>
Chicken or lamb cooked with spinach, cheddar cheese & spices, sweet and sour, garnished with garlic and ginger.	
<b>MOZADAR KHANA</b> Tandoori chicken torn off the bone cooked with mince lamb, garnished with sautéed tomatoes & green pepper. - - - - -	<b>£9.95</b>
<b>SHARABI</b> Chicken or lamb, Tandoori prepared served in a rich sauce, made with cream, butter, crushed onions, peppers and mint, drowned in white wine. - - - - -	<b>£9.95</b>

<b>RAWSHUN</b> - - - - -	<b>£10.95</b>
Chicken or lamb cooked with garlic, onion and peppers in chefs special sauce.	
<b>MANGO DELIGHT</b> Chicken/lamb in butter sauce with mangoes. - - - - -	<b>£9.95</b>
<b>ACHAARI</b> Chicken or Lamb spiced with garlic, coriander, pickle and herbs. - - - - -	<b>£9.95</b>
<b>NAGA</b> - - - - -	<b>£9.95</b>
Chicken or Lamb cooked with tomatoes, garlic & special Bengali chilli. (Hot)	
<b>BHUNA PANEER</b> - - - - -	<b>£9.95</b>
Chicken or Lamb cooked with medium spices & Indian cheese.	
<b>CHILLI MASSALA</b> Chicken or lamb cooked with hot sauce made with fresh green chilli, garlic and coriander. (Hot) - - - - -	<b>£9.95</b>
<b>BUTTER CHICKEN</b> Mild chicken tikka in a rich buttery sauce. - - - - -	<b>£9.95</b>
<b>KORAI KEBAB KHYBERI</b> - - - - -	<b>£10.95</b>
Meatballs cooked with garlic, ginger, onions, peppers with chef's special sauce.	
<b>MODHUKASH CHICKEN</b> Chicken breast in cashew nut and honey sauce. - - - - -	<b>£9.95</b>
<b>SUKA</b> Chicken or lamb spiced in tamarind sauce. - - - - -	<b>£9.95</b>
<b>SWEET CHILLI CHICKEN</b> - - - - -	<b>£9.95</b>
Tandoori prepared chicken cooked with onions, peppers and sweet chilli sauce.	
<b>HARA JHOOL</b> - - - - -	<b>£10.95</b>
Chicken or Lamb cooked in a rich sauce of yoghurt, garlic, fresh coriander, green chillies and whole grain mustard with a touch of olive oil.	

## SEAFOOD DELICACIES

<b>MACHLI PASAND</b> - - - - -	<b>£13.95</b>
Pan fried Tilapia (Bangladeshi freshwater fish) cooked in traditional style with a blend of exotic spices and lemon leaves.	
<b>SALMON SHAH</b> - - - - -	<b>£14.95</b>
Pan fried salmon cooked with special medium massala sauce, garnished with spring onions.	
<b>GRILLED SEA BASS</b> - - - - -	<b>£14.95</b>
Sea Bass lightly spiced with onion, tomatoes, gram massala & Ajwain, gently cooked over a charcoal flame.	
<b>KING PRAWN SUKA</b> - - - - -	<b>£15.95</b>
King Prawn cooked in tamarind sauce, herbs and spices.	
<b>KING PRAWN RAWSHUN</b> - - - - -	<b>£15.95</b>
With garlic and accompanied by stir fried green peppers, spring onions, seasoned with coriander.	
<b>COCONUT &amp; GREEN CHILLI PRAWN</b> - - - - -	<b>£15.95</b>
With garlic and accompanied by stir fried green peppers, spring onions, seasoned with coriander.	
<b>KING PRAWN ACHAARI</b> - - - - -	<b>£15.95</b>
King prawns spiced with garlic, coriander, pickle and herbs.	
<b>KING KING PRAWN NAGA</b> - - - - -	<b>£15.95</b>
Cooked with tomatoes, garlic & special Bengali chilli. (Hot)	
<b>KING PRAWN HARA JHOOL</b> - - - - -	<b>£15.95</b>
King prawn cooked in a rich sauce of yoghurt, garlic, fresh coriander, green chillies and whole grain mustard with a touch of olive oil.	

## TANDOORI SELECTION

<b>CHICKEN or LAMB TIKKA</b> - - - - -	<b>£8.95</b>
Boneless pieces of marinated chicken or lamb cooked in clay oven.	
<b>TANDOORI CHICKEN</b> - - - - -	<b>£9.95</b>
On the bone, spring chicken marinated in herbs and spices.	
<b>NAZAKAT CHICKEN</b> - - - - -	<b>£8.95</b>
Succulent skewered chicken, delicately flavoured with garlic, butter & cheese.	
<b>CHICKEN or LAMB SHASHLIK</b> - - - - -	<b>£9.95</b>
Chicken or lamb tikka with capsicum, onion and tomatoes cooked in the clay oven.	
<b>SHASHLIK SHABNOOR</b> - - - - -	<b>£11.95</b>
Chicken or lamb tikka cooked with capsicum, onion and tomatoes in a chefs special curry sauce garnished with cheese.	
<b>PANEER TIKKA SHASHLIK</b> - - - - -	<b>£9.95</b>
Home made cheese grilled tomatoes, capsicum and onions.	
<b>KING PRAWN SHASHLIK</b> King Prawn with capsicum onion and tomatoes. - - - - -	<b>£15.95</b>
<b>TANDOORI MIXED GRILL</b> Chicken tikka, lamb tikka, sheek kebab, tandoori chicken, lamb chop. Served with nan bread. - - - - -	<b>£14.95</b>
<b>TANDOORI KING PRAWN</b> King prawn marinated in herbs and yoghurt. - - - - -	<b>£14.95</b>
<b>LAMB CHOPS</b> - - - - -	<b>£11.95</b>
Tender pieces of lamb chop soaked overnight in yoghurt, tandoori spices, ginger, garlic and cumin marinated & grilled.	
<b>SALMON TIKKA</b> Salmon marinated with green curry paste, ajwani seeds, mustard and gram massala spices, served with salad. - - - - -	<b>£13.95</b>
<b>SIZZLING JULIETTE</b> - - - - -	<b>£15.95</b>
Chicken and lamb tikka, sheek kebab, tandoori chicken, lamb chops cooked with, onions, peppers, in chef's special recipe. Served with nan bread.	